CANUCK LAW
Reporting That You're Not Getting Elsewhere (Do Your Own Research To Verify)

JUNE 16, 2021 BY RONNIE

Pavlov's Dogs: OST's Obedience Training Guide For Ontario Residents

Many years ago, Ivan Pavlov discovered that given the right structure of rewards, dogs could be trained simply by ringing a bell. Dogs would to associate the ringing with food, even at times when that wasn't the end result.

While his experiments are rudimentary today, they were important break throughs at the time. It's still taught in introductory college psychology classes. Now, from the Ontario Science Table, and their paper of April 2021.

> Key Message
> The ***science of getting people to start something new is different from the science of***

getting them to continue positive behaviours. Amid rising rates of new SARS-CoV-2 variants of concern, Ontario needs a ***refreshed approach*** to maintaining and enhancing adherence to public health measures. Promising strategies to increase effective masking and physical distancing include persuasion, enablement, modelling the behaviour, and clear education.

As such, the strategies are explicitly linked to target groups in a position to action them to support two key groups of Ontarians:

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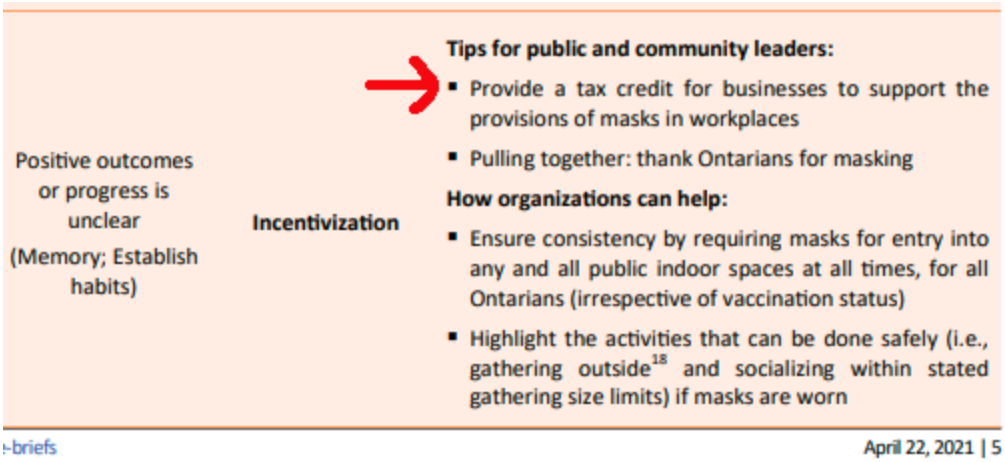
1. Those who are already adhering to physical distancing and masking in most situations but are unclear on the remaining high-risk scenarios that exist in their lives (***focus on maintenance***).
2. Those who are inconsistently following these public health measures due to easily addressed capability, opportunity and motivation reasons (***focus on enhancement***)

This paper (also archived here) from the Ontario Science Table outlines psychological and behavioural modification techniques that can be applied to convince people to obey the ever changing public health measures.

This was mentioned in a previous article, but now, deserves its own standalone piece. This is quite a piece of work.


Positive outcomes or progress is unclear
(Memory; Establish habits)
Incentivization
Tips for public and community leaders:
Provide a tax credit for businesses to support the provisions of masks in workplaces
Pulling together: thank Ontarians for masking
How organizations can help:
Ensure consistency by requiring masks for entry into any and all public indoor spaces at all times, for all Ontarians (irrespective of vaccination status)
Highlight the activities that can be done safely (i.e., gathering outside[18] and socializing within stated gathering size limits) if masks are worn
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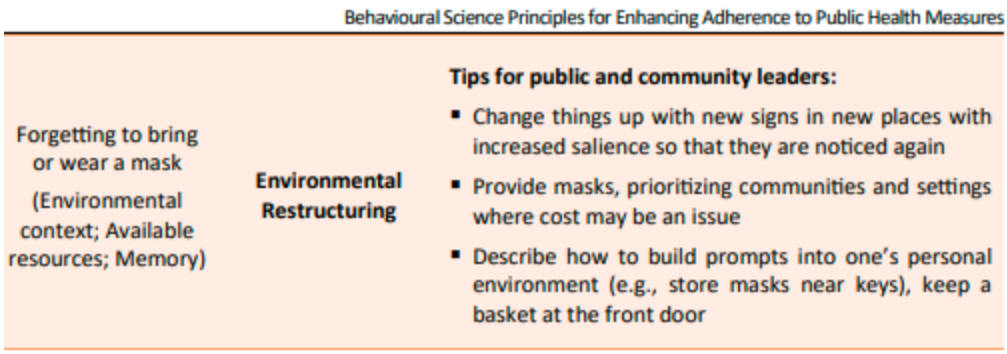
The Ontario Science Table recommends tax breaks for companies to force customers and employees to wear masks. That had been rumoured to be a part of the subsidy requirements, but the OST openly suggests that sort of thing.

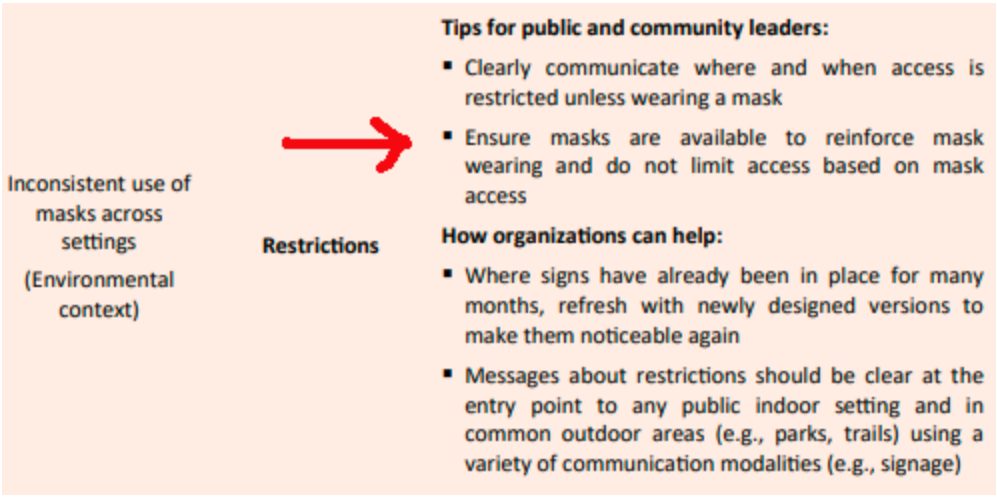


Behavioural Science Principles for Enhancing Adherence to Public Health Measures

Forgetting to bring or wear a mask (Environmental context; Available resources; Memory)	**Environmental Restructuring**	**Tips for public and community leaders:** ▪ Change things up with new signs in new places with increased salience so that they are noticed again ▪ Provide masks, prioritizing communities and settings where cost may be an issue ▪ Describe how to build prompts into one's personal environment (e.g., store masks near keys), keep a basket at the front door

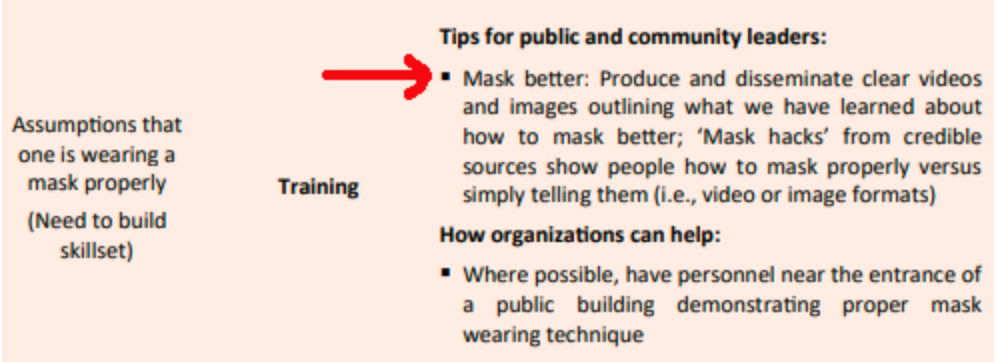
able 2. Strategies to Maintain and Enhance Effective Mask Use

This is a common type of tactic in retail settings. By moving certain products to make them constantly visible, they are more likely to be on the minds of customers. Hence, they are more likely to be bought.



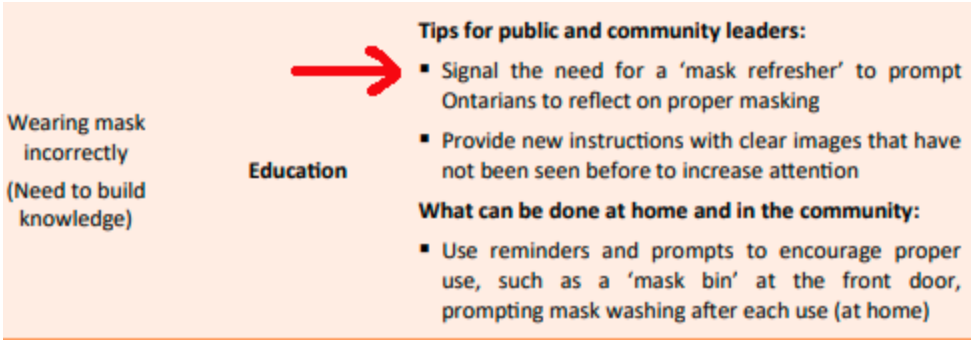
Inconsistent use of masks across settings (Environmental context)	**Restrictions**	**Tips for public and community leaders:** ▪ Clearly communicate where and when access is restricted unless wearing a mask ▪ Ensure masks are available to reinforce mask wearing and do not limit access based on mask access **How organizations can help:** ▪ Where signs have already been in place for many months, refresh with newly designed versions to make them noticeable again ▪ Messages about restrictions should be clear at the entry point to any public indoor setting and in common outdoor areas (e.g., parks, trails) using a variety of communication modalities (e.g., signage)

Masks are to be provided at will in order to reinforce the message that mask wearing is necessary. And by extension, masks are used to reinforce the claim that there is a global pandemic, despite there not being any evidence whatsoever for it.



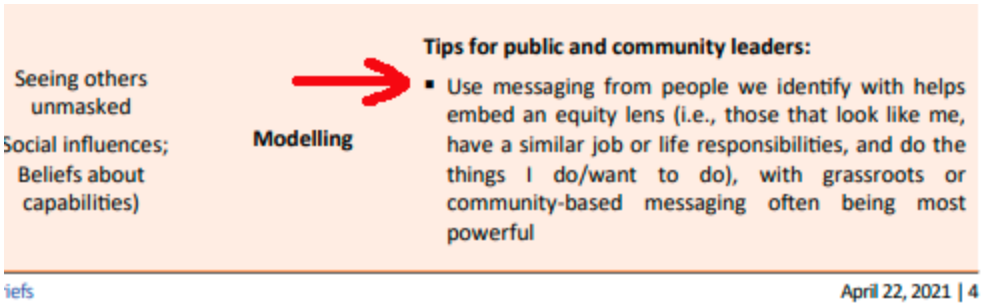
Assumptions that one is wearing a mask properly (Need to build skillset)	**Training**	**Tips for public and community leaders:** ▪ Mask better: Produce and disseminate clear videos and images outlining what we have learned about how to mask better; 'Mask hacks' from credible sources show people how to mask properly versus simply telling them (i.e., video or image formats) **How organizations can help:** ▪ Where possible, have personnel near the entrance of a public building demonstrating proper mask wearing technique

This one puts the "training" in obedience training. OST recommends creating videos and instructional guides on masks, and to claim it's what they've learned from the science.



Wearing mask incorrectly (Need to build knowledge)	**Education**	**Tips for public and community leaders:** ▪ Signal the need for a 'mask refresher' to prompt Ontarians to reflect on proper masking ▪ Provide new instructions with clear images that have not been seen before to increase attention **What can be done at home and in the community:** ▪ Use reminders and prompts to encourage proper use, such as a 'mask bin' at the front door, prompting mask washing after each use (at home)

OST recommends the implementation of "mask refreshers" so that masks are constantly on the minds of Ontarians. This is essential, otherwise they may start questioning whether there really is a pandemic.



Seeing others unmasked Social influences; Beliefs about capabilities)	**Modelling**	**Tips for public and community leaders:** ▪ Use messaging from people we identify with helps embed an equity lens (i.e., those that look like me, have a similar job or life responsibilities, and do the things I do/want to do), with grassroots or community-based messaging often being most powerful

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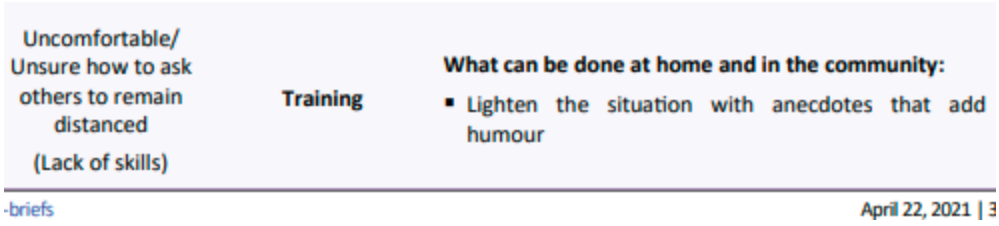
This is straight out of advertising. Get people to identify with those sending the messages, and they are much more likely to comply. It's subtle emotional manipulation.



Uncomfortable/ Unsure how to ask others to remain distanced (Lack of skills)	**Training**	**What can be done at home and in the community:** ▪ Lighten the situation with anecdotes that add humour

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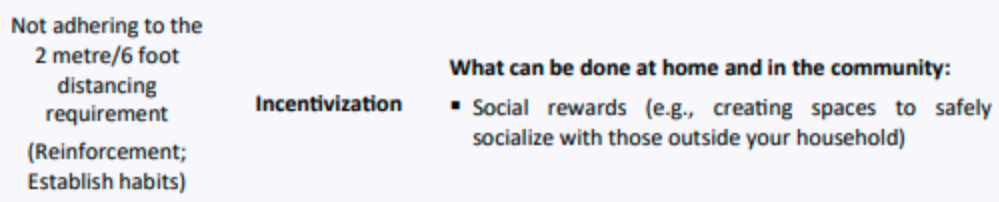
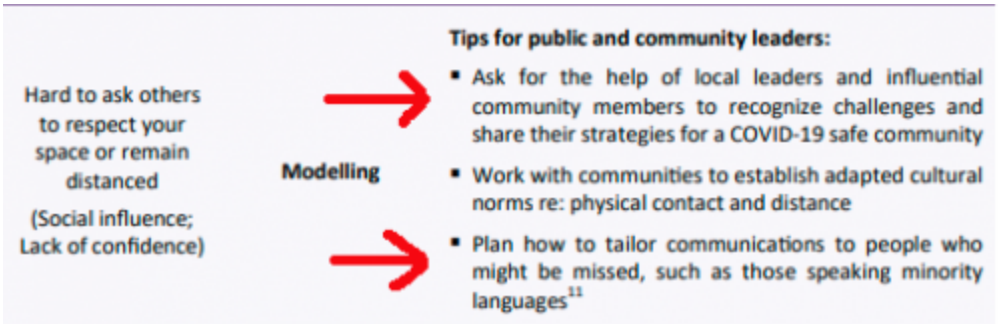
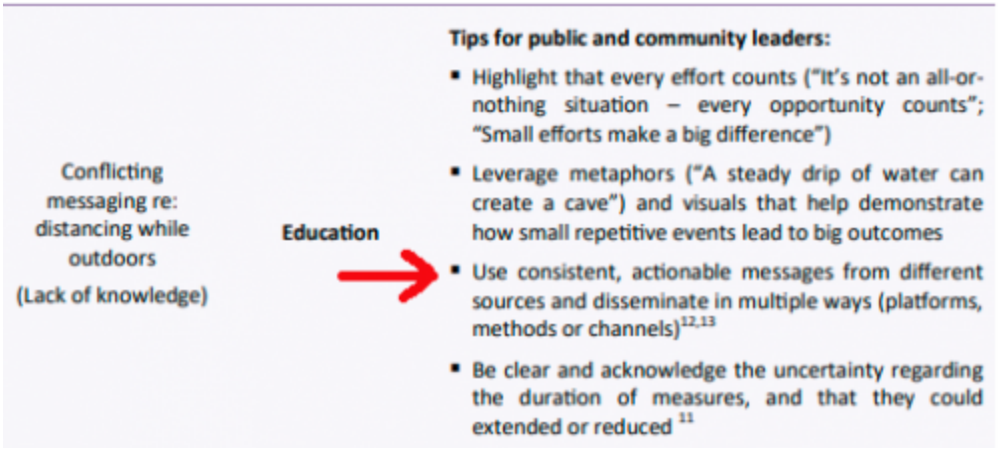
Interesting way to get people to go along with the psy-op. Just use humour to lighten the situation.

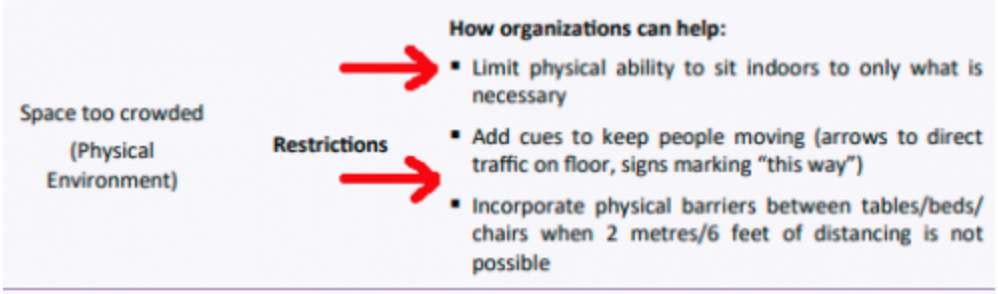


Not adhering to the 2 metre/6 foot distancing requirement (Reinforcement; Establish habits)	**Incentivization**	**What can be done at home and in the community:** ▪ Social rewards (e.g., creating spaces to safely socialize with those outside your household)

That same idea can apply to people who get the experimental gene-replacement shot. Doughnuts, beer, lottery tickets and other incentives are already being handed out. Then again, maybe taking out such people is for the best.


Hard to ask others to respect your space or remain distanced
(Social influence; Lack of confidence)
Modelling
Tips for public and community leaders:
Ask for the help of local leaders and influential community members to recognize challenges and share their strategies for a COVID-19 safe community
Work with communities to establish adapted cultural norms re: physical contact and distance
Plan how to tailor communications to people who might be missed, such as those speaking minority languages[11]


Conflicting messaging re: distancing while outdoors
(Lack of knowledge)
Education
Tips for public and community leaders:
Highlight that every effort counts ("It's not an all-or-nothing situation – every opportunity counts"; "Small efforts make a big difference")
Leverage metaphors ("A steady drip of water can create a cave") and visuals that help demonstrate how small repetitive events lead to big outcomes
Use consistent, actionable messages from different sources and disseminate in multiple ways (platforms, methods or channels)[12,13]
Be clear and acknowledge the uncertainty regarding the duration of measures, and that they could extended or reduced [11]


Space too crowded
(Physical Environment)
Restrictions
How organizations can help:
Limit physical ability to sit indoors to only what is necessary
Add cues to keep people moving (arrows to direct traffic on floor, signs marking "this way")
Incorporate physical barriers between tables/beds/ chairs when 2 metres/6 feet of distancing is not possible

https://covid19-sciencetable.ca/wp-content/uploads/2021/04/Science-Brief_Enhancing-Adherence-to-Public-Health-Measures_20210422_published.pdf

> Interpretation
> Governments, public health units, and healthcare organizations are delivering strategies to support Ontarians in adhering to public health measures, with an emphasis on physical distancing and masking. This Science Brief recognizes that more than a year into the COVID-19 pandemic, we need to move beyond "more of the same" when it comes to strategies to maintain and enhance how, when, and where Ontarians engage in masking

and distancing. ***Groups in a position to support change can leverage behavioural science to refresh their approaches by using a range of evidence-based behavioural change strategies***. These strategies can help to move beyond asking Ontarians to "do more" (potentially contributing to pandemic fatigue) and ***instead focus on creating the conditions needed to ensure ongoing adherence in our current state***.

Methods Used for This Science Brief
The advice on this brief has been developed using the COM-B model. COM-B is a theoretical framework employed by Behavioural Scientists to help identify key behavioural barriers to desired action. The model identifies three essential conditions: ***Capability, Opportunity, Motivation*** that affect Behaviour and decision making. Capability barriers include lack of knowledge and comprehension about a behaviour and its consequences, and lack of skill necessary to carry out a behaviour. Opportunity barriers include time and resource constraints that make a desired behaviour more difficult or costly to carry out. ***Motivation barriers include emotional reactions and inaccurate beliefs that create obstacles for carrying out a behaviour***.

It's hard to believe that the OST would release such a report, detailing how to use Ontario as modern day dogs of Ivan Pavlov. But here we are. The April 2021 white paper speaks for itself, and commentary isn't really necessary.

(1) https://covid19-sciencetable.ca
(2) https://covid19-sciencetable.ca/wp-content/uploads/2021/04/Science-Brief_Enhancing-Adherence-to-Public-Health-Measures_20210422_published.pdf
(3) OST Science Brief Enhancing Adherence to Public Health Measures
(4) https://www.simplypsychology.org/pavlov.html

WHO IS THE ONTARIO SCIENCE TABLE?
(5) Ontario Science Table: Ties To University Of Toronto
(6) Ontario Science Table: Extension Of Gov't, No Independence
(7) UotT/DLSPH Joins WHO; Communism; Anti-White
(8) Ontario Science Table: Kwame McKenzie, Ontario UBI Pilot Project
(9) Robert Steiner Claims To Be Major PHAC Advisor To Liberals
(10) Ontario Science Table: Actually Set Out In May 2019?
(11) Ontario Science Table; Kumar Murty; Perfect Cloud
(12) Ontario Science Table: Influenced By $5M From Como???

(13) OST: Partnered With CADTH, A WHO Group; And pCPA

(14) Centre For Effective Practive/Partners Profit From Lockdowns

(15) Ontario Science Table: Cochrane Canada; McMaster; Gates

(16) Ontario Science Table: SPOR Evidence Alliance; WHO Funding

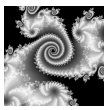
(17) OST: David Fisman; Race Baiting; Side Job With ETFO

(18) OST: Adalsteinn Brown; DLSPH; MOH; Premiers Council

(19) Institute For Pandemics Started For Ontario Science Table Hacks

CANADA, GLOBALISM, HEALTH, HUMAN RIGHTS, NGO/CS, ONTARIO SCIENCE TABLE, UN/WHO, VACCINES

2 Replies to "Pavlov's Dogs: OST's Obedience Training Guide For Ontario Residents"



Arby

JUNE 16, 2021 AT 2:45 PM

Maybe they figure that by doubling down on their police State lockdown, they can distract us, including those of us preparing lawsuits, from organizing and fighting back. In any case, they can't go back. Especially the lower level enforcers. They are expendable. They can't admit to their crimes. They can only hope to destroy everything, as their masters wish, so that evidence and fightback itself is destroyed. Their reward for their terrorism is a brave new perverted, cruel world. But, The world which those ruined souls are ushering in isn't one I'd want, no matter how much power I had and I won't be self-modifying so as to acquire the twisted desire to see a new feudalism. Fortunately, Their new world won't last long.

Mike M1A

JUNE 20, 2021 AT 7:21 AM

Yes, that is really interesting…I remember a Pavlov cartoon from many years ago, where the dog had a bandanna (mask) on his face, holding a revolver in his paw, he said essentially, " I am through with begging!" maybe someone can find that cartoon and post it here…je me souviens… in actually, we are in "a social experiment" engaged in "social engineering" "mind control" which is also fear based and trauma based mind control, in addition to overt and covert/subliminal mind

control, with graphic video, audio the controlled narrative….these people are also classified as, "enemies foreign and domestic", "enemy combatants" who are guilty of crime, treason, genocide, war, immorality, sickness, disease, death and total lies with information warfare….please replace the word "vaccine" with "bio-weapon"…incessant repetition, as the fundamental drive of the best form of emphasis, aka mind control, is an advanced persistent threat, much like the cyber warfare options exercised against a computer, server or individual…you already know what to do….